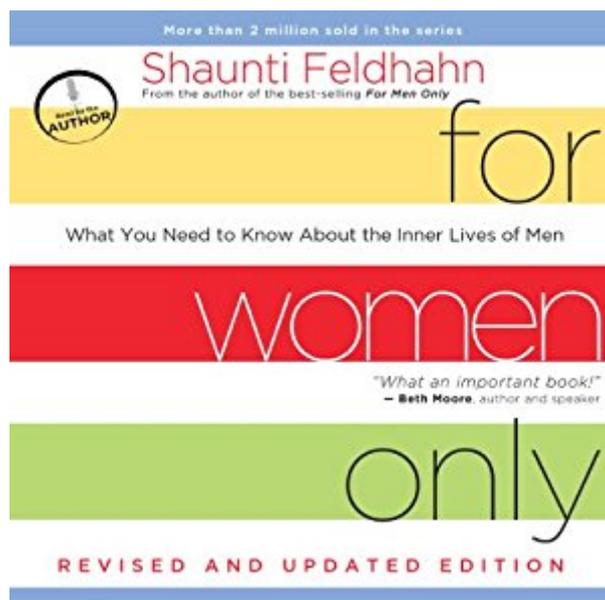


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# For Women Only, Revised And Updated Edition: What You Need To Know About The Inner Lives Of Men



## Synopsis

Discover the truth he wants you to know! The man in your life is keeping secrets. They're so deep inside he barely knows they're there, much less how to talk to you about them. Yet he genuinely wants you to "get" him - to understand his inner life, his fears, his needs.... In her landmark best seller *For Women Only*, Shaunti Feldhahn reveals what every woman - single or married - needs to know. Based on rigorous research with thousands of men, Shaunti delivers one eye-opening revelation after another, including: Why your respect means more to him than your love How he feels deep inside about his role as provider What it means for a man to be so visually "wired" Why sex for him is primarily emotional, not physical What he most wishes he could say to you Now, in this expanded and updated edition, you'll find insights from the latest brain research plus an all-new chapter that shows what's really going on when he seems to "check out". (You'll be surprised and pleased.) Millions worldwide have already experienced dramatic change in their relationships because of the "aha!" moments and practical ideas in this little audiobook. Discover how to love your man for who he really is - not who you think he is.

## Book Information

Audible Audio Edition

Listening Length: 4 hours and 8 minutes

Program Type: Audiobook

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Whispersync for Voice: Ready

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## Customer Reviews

I am in my 30s, been married for 4 years, and am a full-time working mom. My marriage has been in distress, and my husband refused to go to counseling. I purchased this book in hopes of finding some guidance. The book is a very quick read. I was surprised at how small the book actually is; however the book is loaded with information. I liked that it was written from the women's perspective

and that the author provided stories about her struggles with her husband. The information was very relatable, and I definitely had a couple of "ah-ha!" moments. There were passages that seemed to describe my husband perfectly. I am not very religious; however I was not turned off by the biblical references. My question is, now what??! I am not sure how to implement changes to improve my marriage. The book explains that a husband absolutely needs to be respected and affirmed. There was a little guidance, but I need help with how to really implement changes. The lack of practical tips left me disappointed, but overall I thought the message of the book was very helpful. The survey results are undeniable and help me understand the importance of respect in a marriage. My husband and I are stuck in a cycle of lack of respect on my part and lack of love on his part. I am very hurt and angry, but I want to better my marriage. I am going to try the following actions for the next 30 days to see if there is an improvement. I have not talked to my husband about this book yet, I am going to wait to see if I get results. My 30-day action plan: 1) Always accept his opinion and judgement on a matter and only offer my opinion if asked 2) Initiate casual physical connections at least once a day (ie: rubbing shoulders, sitting next to on couch, etc.

When I got married I wanted so much to be a godly and great wife to my hubby! What I didn't realize was that sometimes my female brain with its ways of thinking and showing my love to him and his male brain and the way it is wired meant that sometimes there were things that I was doing, or not doing, that were causing problems I didn't even realize were there! Thankfully through several different women and blogs I caught on early on into our marriage (probably 2 1/2 years) through books that there were several areas that needed work! I am so thankful that I was able to be enlightened to these things early on--and wish I had known sooner!!!! So now for every bridal shower that I attend my gift is three books: For Women Only by Shaunti Feldhahn; A Good Girls Guide to Great Sex by Shelia Wray Gregoire; and Created to Be His Helpmeet. I include a letter with the books explaining why and how each has shaped and changed my marriage for the better. I first read For Women Only a few years after it was released in . A friend had actually given my Mom a copy and I read through it during one of my trips back home as we were talking about marriage and marriage books. There were so many "lightbulb" moments I had from it! I went back home (I was on the trip home by myself) and after a few days my hubby remarked "I guess I should send you back home alone more often, you always come back more awesome than ever--what on earth is going on??!!" (it happens that a previous trip back home was when I was first introduced to Created To Be His Helpmeet as well--both me and my hubby are super thankful to the ladies back home, haha).

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